

# MY DAY *planner*

b-elastic | stretch your life  
[www.b-elastic.com](http://www.b-elastic.com)



Time slot	2014 goals & mini goals tasks	Priorities & must-dos	Admin & chores	I'm investing in me today by:
				I'm investing in my relationships today by:
				Feelings & thoughts to support me today:
				My sources of inspiration & motivation today:
				If I get extra time today, I will: