

PURPOSE ON A PAGE

1

Why are you seeking your purpose?

5

How do you want to change or impact the world and what's around you?

2

What did you love to do as a child and now, as an adult?

6

What are you willing to give to make this work? (time, effort, graft, cash?)

3

What do others say you're really good at? What do they say comes naturally to you?

7

Who's going to help and support you? Who's your role model and mentor?

4

What do you want to experience or achieve before you die?

8

What are your first steps to living your purpose?

INSPIRATION

Bring it to life

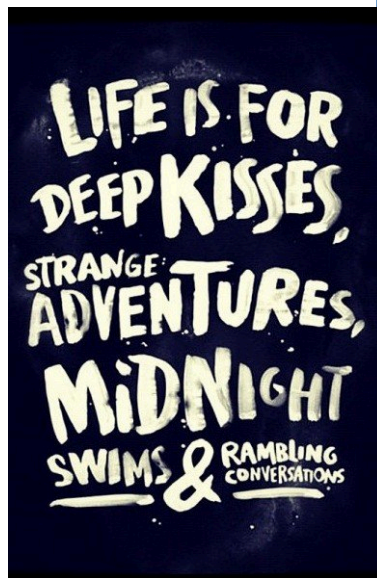
Any purposeful project is intrinsically unique and should be treated as such. The process is a flexible, creative, emotion filled journey where things go to and sometimes, go to pot!

Like many things in life, work and play, bringing in others and their thinking, suggestions and own achievements can be a huge source of motivation, ideas and support.

On this bonus page, I've collected a set of quotes that I find shift my mood and mindset around purposeful stretch in my life.

Enjoy!

Sarae



Be Awesome

There is no
FINISH
LINE SO LOVE
the JOURNEY



THE PURPOSE OF LIFE, AFTER ALL, IS TO LIVE IT, TO TASTE EXPERIENCE TO THE UTMOST, TO REACH OUT EAGERLY AND WITHOUT FEAR FOR NEWER AND RICHER EXPERIENCE.

ELEANOR ROOSEVELT

BE SOMEONE
WHO
MAKES
SOMEONE
ELSE

LOOK FORWARD
TO
TOMORROW

ENJOY LIFE NOW.
THIS IS NOT
A REHEARSAL.

always find
time for the
things that
make you
feel happy
to be alive.

there's
something
in you
that
the world
needs